

Health, Housing & Community Services Department Public Health Officer

# ORDER OF THE HEALTH OFFICER OF THE CITY OF BERKELEY FOR THE CONTROL OF COVID-19

Public Health Emergency Quarantine Order Date Order Issued: April 15, 2022 This Order is in effect until rescinded in writing by the Health Officer.

# SUMMARY OF THE ORDER

**California is in a State of Emergency because of the COVID-19 pandemic.** The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the City of Berkeley. COVID-19 can easily spread between people who are in close contact with one another. This Order is issued based on scientific evidence and best practices as currently known and available to protect vulnerable members of the public from avoidable risk of serious illness or death resulting from exposure to COVID-19. The age, condition, and health of a significant portion of the population of the City of Berkeley ("City") places it at risk for serious health complications, including death, from COVID-19. Although some individuals who contract COVID-19 do not have severe symptoms, persons with COVID-19 with mild symptoms or who are asymptomatic may place other vulnerable members of the public at significant risk. Currently, there is no universally effective treatment for its symptoms. However, the risks of being infected with or transmitting COVID-19 are greatly reduced if a person is fully vaccinated and boosted.

The statewide, seven-day average case rate from March 1 to April 14 decreased by 2.7 times (10.8 to 4.0) and the 14-day average of hospitalized patients decreased by 4.9 times (5381.1 to 1090.4) from March 1 to April 14. While the risk for COVID-19 infection is highest among unvaccinated residents and those who have not received a booster, the proportion of post-vaccination infections are increasing.

On March 12, 2022, CDPH updated Guidance for Child Care Providers and Programs. On April 6, 2022, CDPH updated COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year. On April 6, 2022, CDPH updated Guidance for Local Health Jurisdictions on Isolation and Quarantine of the General Public.

To help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in the City of Berkeley from being overwhelmed, it is necessary for the City of Berkeley Public Health Officer ("Health Officer") to require the quarantine of certain persons exposed to a person diagnosed with COVID-19. Quarantine separates individuals who were exposed to COVID-19 from others, until it is determined that they are not at risk for spreading the disease. This protects everyone, including people who are at high risk for serious illness, such as older adults and people with chronic medical conditions and weakened immune systems.

This Order supersedes the Public Health Emergency Quarantine Order issued on March 9, 2022.



Health, Housing & Community Services Department Public Health Officer UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101475 AND 120175, THE CITY OF BERKELEY HEALTH OFFICER ORDERS:

All household members, intimate partners, and caregivers of a person with COVID-19, and individuals who have had close contact to a person with COVID-19 while that person was considered infectious must quarantine themselves unless they are expressly exempted from the requirements of this Order. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code §§ 120220, 120295; City of Berkeley Municipal Code §2.50.040.)

# OUARANTINE REOUIREMENTS FOR HOUSEHOLD CONTACTS, INTIMATE PARTNERS, CAREGIVERS, AND CLOSE CONTACTS OF PERSONS WITH COVID-19

A close contact is defined as someone sharing the same indoor airspace, e.g., home, clinic waiting room, airplane etc., for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during an infected person's (laboratory-confirmed or a <u>clinical diagnosis</u>) infectious period.

#### AND

This contact occurred during the infectious period, defined as:

- For symptomatic infected persons, 2 days before the infected person had any symptoms through Day 10 after symptoms first appeared (or through Day 5 if testing negative on Day 5 or later), and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved, OR
- For asymptomatic infected persons, 2 days before the positive specimen collection date through Day 10 after positive specimen collection date (or through Day 5 if testing negative on Day 5 or later) after specimen collection date for their first positive COVID-19 test.
- For the purposes of identifying close contacts and exposures, infected persons who test negative on or after Day 5 and end isolation, in accordance with this guidance, are no longer considered to be within their infectious period.

# All persons in the City of Berkeley are therefore ORDERED to comply with the following:

1. Individuals who have been in close contact with a person who has COVID-19 are required to follow the CDPH Guidance for Isolation and Quarantine of the General Public. (Exhibit A)



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- 2. Teachers and students in K-12 Schools should follow the quarantine guidance as detailed in CDPH K-12 Schools Guidance. (Appendix A)
- 3. Childcare facilities should follow quarantined guidance as detailed in CDPH Guidance for Child Care Providers and Programs. (Appendix A)
- 4. Persons experiencing homelessness are required to comply with this Order where a location is available for them to safely quarantine themselves, but are exempt from this Order if no such location is available.
- 5. Staff, patients, and residents in healthcare settings including hospitals and skilled nursing facilities must continue to follow<u>quarantine guidance for healthcare settings</u> following an exposure to someone with suspected or confirmed COVID-19; outpatients should be cared for using appropriate Transmission-Based Precautions.
- Nothing in this Order limits the obligation of employers to comply with the quarantine requirements in the <u>Cal/OSHA COVID-19 Prevention Emergency</u> <u>Temporary Standards</u>. Nothing in this Order shall be construed to limit the ability of an employer to impose quarantine policies which are stricter than those imposed by this Order.
- 7. This Order is effective immediately and applies to all persons in the City of Berkeley, including those already quarantining due to contact with persons with COVID-19. For persons quarantining on the date this Order becomes effective, any time already spent in quarantine as of the effective date of this order may be counted toward the cumulative total time required for quarantine by this Order.
- 8. The Health Officer may require longer quarantine or additional measures in high risk settings or in response to an outbreak. The Health Officer may take additional action(s), which may include, but are not limited to, civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order constitutes an imminent threat and immediate menace to public health, constitutes a public nuisance, and is a misdemeanor punishable by imprisonment, fine or both.
- 9. The Health Officer will continue to monitor several key indicators to inform the decision whether to modify the restrictions in this Order. The Health Officer will continually review whether modifications to the Order are warranted based on (1) progress in countering the spread of COVID-19 in the City; (2) developments in methods and strategies for preventing and treating COVID-19; and (3) scientific understanding of the transmission dynamics and clinical impact of COVID-19.
- 10. This Order is issued in accordance with, and incorporates by reference, the March 4, 2020 Proclamation of a State of Emergency issued by Governor Gavin Newsom, the March 3, 2020 Proclamation by the Director of Emergency Services Declaring the Existence of a



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Local Emergency in the City, the March 10, 2020 Resolution of the City Council Ratifying the Proclamation of Local Emergency, and guidance issued by the CDPH and CDC, as each of them have been and may be supplemented.

- 11. This Order is also issued in light of the March 19, 2020 Order of the State Public Health Officer and subsequent orders and guidance issued by the Governor, the State Health Officer, and the CDPH and Department of Industrial Relations. The Health Officer may adopt more stringent restrictions and requirements addressing the particular facts and circumstances in the City, necessary to control the public health emergency as it is evolving within the City and the region. Where a City Health Officer Order and any state public health order related to the COVID-19 pandemic conflict, the most restrictive provision controls.
- 12. The City must promptly provide copies of this Order as follows: (1) by posting on the City's website (cityofberkeley.info); (2) by posting at Old City Hall, located at 2134 Martin Luther King Jr. Way, Berkeley, CA 94704; and (3) by providing to any member of the public requesting a copy.
- 13. If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

**IT IS SO ORDERED:** 

Date: <u>04/15/2022</u>

Lisa B. Hernandez, MD, MPH Health Officer, City of Berkeley